

## Spring Wildflower Guide

Coon Mountain's soils are less acidic than those of the High Peaks, so here you can find wildflowers that don't thrive in the Adirondack interior. Peak blooming time is late April and early May, before trees leaf and shade the forest floor. Look for:



# Coon Mountain Preserve

Westport, NY



Bloodroot  
*Sanguinaria canadensis*



Sharp-lobed hepatica  
*Hepatica nobilis var. acuta*



Dutchman's breeches  
*Dicentra cucullaria*



Purple trillium  
*Trillium erectum*

### Trail Guidelines

- Please respect Leave No Trace guidelines.
- Stay on marked trails.
- Pack out what you bring in.

### Prohibited in Preserve

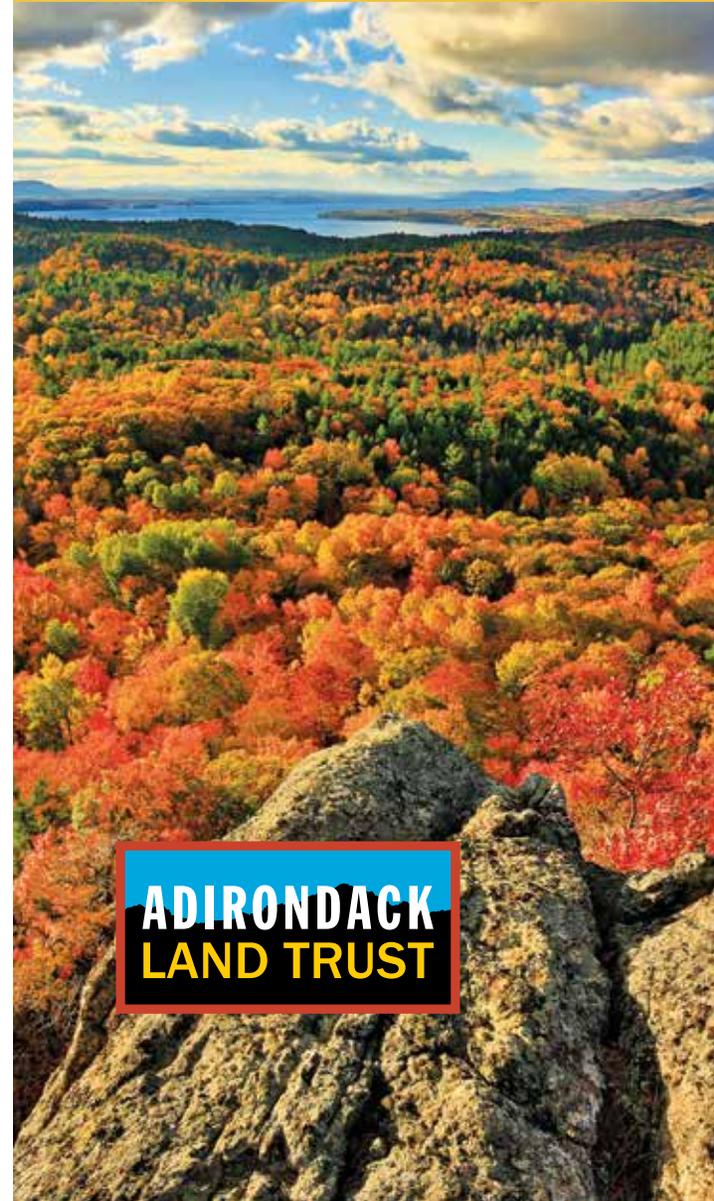
- Removal or destruction of plants or animals
- Camping or fires
- Littering
- Motorized vehicles
- Mountain bikes
- Hunting

### We want to hear from you!

Coon Mountain Preserve is owned and cared for by the Adirondack Land Trust, established in 1984 to forever conserve the forests, farmlands, waters and wild places that advance the quality of life of our communities and the ecological integrity of the Adirondacks. Please share your trip notes and photos with us at [info@adirondacklandtrust.org](mailto:info@adirondacklandtrust.org)



[AdirondackLandTrust.org](http://AdirondackLandTrust.org)  
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# Coon Mountain Trails

## Hidden Valley Trail

(.9-mile easy-to-moderate loop)

A rolling walk that crosses a small brook and meanders through a maturing forest of hemlock, beech, maple and oak.

## Summit Trail

(.7 mile to top, more difficult)

Rich in spring wildflowers, this trail ascends ~500 feet, including a steep ravine, to views of the Champlain Valley's patchwork of farms and forests.

## Points of Interest

### Footbridge

This landmark helps you gauge your progress and crosses a small nameless stream that flows into the Boquet River.

### Wildflower Alley

South-facing cliffs capture the sun's warmth, creating a micro-climate abundant with hepatica in April.

### Stone Staircase

As you climb the ravine, please stay on the rocks to limit soil erosion. Limestone here supports calcium-loving plants. At the top, the trail passes between vernal pools.

## Connectivity:

### The Safety Net of Nature

Coon Mountain is one of several "stepping stones" of forest connecting Lake Champlain to the Adirondack interior. As big as the Adirondack Park is, it needs strong ecological connections to adjacent landscapes and between small habitats within the park, so animals can move freely in search of food, mates, and climate refuge.

### Place-name Origin

The mountain is believed to be named for early settler William Coon. Research into the source of the name continues.

